

# 2010 BEGINNER NORDIC SKI LESSONS

## Objective:

To promote healthy active lifestyles and the growth of nordic skiing by providing inexpensive opportunities for all ages to learn and improve on the basics of skate and classic skiing.

McCall (Ski Town USA)

## When, Where, and Cost:

### - City Sponsored



(Tuesdays & Thursdays, Feb. 16th - March 4th) 11:30am to 1:45pm

- One hour sessions: 11:30am - 12:30pm (Beginners)  
12:45pm - 1:45pm (Intermediate)

Location: Little Bear Basin Nordic Trails

**Cost:** (For all six lessons, must supply equipment)

- Residents: \$26.00 + 1.56 tax = **\$27.56 Total**
- Non Residents: \$39.00 + 2.34 tax = **\$41.34 Total**

### - MOSS Sponsored (McCall Outdoor Science School, University of Idaho)



(Sunday's, Feb. 14th, 21st, and 28th) 12:30pm - 4:00pm

(Sunday's, March 7th and 20th) 12:30pm - 4:00pm

- One hour sessions: 12:30pm - 1:30pm (Beginners)  
1:45pm - 2:45pm (Intermediate)  
3:00pm - 4:00pm (Intermediate)

Location: Little Bear Basin Nordic Trails

**Cost:** (For all five lessons, equipment available, limited inventory)

- Cost will be \$39.00 + 2.34 tax = **\$41.34 Total**
- Equipment will be available. (first come first serve basis)

## Registration: (Will be run through the City of McCall for both programs)

- Forms can be picked up and turned in at the front desk in City Hall.
- Please indicate which program and which hour on your registration.
- Beginner sessions apply to those with little or no experience on Nordic skis. Intermediate courses apply to those that have been on the trails, self taught or are looking to improve on the basics.

## Equipment can be rented locally at the following locations:

Gravity Sports - Hometown Sports - Pro Peak Sports - Gear & Grind

For additional information, available space, and registration questions please contact

Kurt Wolf - 208-315-0063 cell - 208-634-3006 office - [kwolf@mccall.id.us](mailto:kwolf@mccall.id.us)

[www.mccallparksandrec.com](http://www.mccallparksandrec.com)



University of Idaho

Palouse-Clearwater  
Environmental Institute



McCall Outdoor Science School  
*an experience for all learners*

